

Maternity and Infant Care Scheme

The Maternity and Infant Care Scheme provides an agreed programme of care to all expectant mothers who live in Ireland. The service is provided by a family doctor (GP) of your choice and a hospital obstetrician. You are entitled to this service even if you do not have a medical card.

The GP provides a 1st pregnancy/booking appointment and a further 5 examinations during your first pregnancy and 6 visits in subsequent pregnancies. These visits are alternated with visits to the maternity unit/hospital.

This practice receives €27.67 from the HSE for each visit (with the exception of the initial visit - the HSE have recently advised us that they will only pay for visits which take place after the application for combined care is approved by the HSE) and the 6 week mother and baby check for which we receive €38.42).

Usual Schedule of visits

< 12 weeks	First visit to GP
12-16 weeks	First Hospital visit
24 weeks	GP
28 weeks	GP (if 2 nd or subsequent pregnancy) Hospital (if 1 st pregnancy)
30 weeks	GP
32 weeks	Hospital
34 weeks	GP
36 weeks	Hospital
37 weeks	GP
38 weeks	Hospital
39 weeks	GP
40 weeks	Hospital

Care in respect of illnesses which are co-incidental with, but not related to your pregnancy does not form part of the Scheme. **The HSE has advised us they will not pay for any additional visits related to pregnancy except in the case of pregnancy diabetes or pregnancy related bloods pressure problems (even if extra visits are advised by your obstetrician).** Once your 6 or 7 free visits under the scheme are used up, normal consultation fees will apply if any additional check-ups are required.

Medical certificates for work/letters re fitness to fly etc are not covered under the scheme and a fee will apply.

Under the scheme the GP will provide a check-up for both mother and baby at 6 weeks.

All children under 6 are now entitled to a GP visit card – as soon as you have a PPS number for your baby you need to apply on the HSE website for a GP visit card for the baby.

The public health nurse visits the mother and baby at home during the first six weeks.

Some other information:-

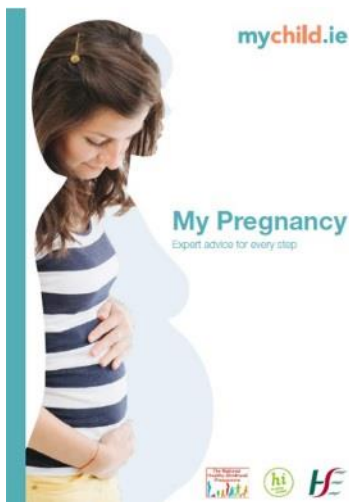
- Booking bloods are done at the first hospital visit
- At your first hospital visit you will be given a card for recording details of your pregnancy and antenatal visits – please bring this card to all visits
- Please continue to take folic acid 400mcg/day until at least your first hospital visit
- Please bring a urine sample to all pregnancy visits – containers are available in the toilets

Information Leaflets

<http://patient.info/health/diet-and-lifestyle-during-pregnancy>

https://www.fsai.ie/publications_infant_feeding/

<http://www.mychild.ie/books>



Maternity Hospitals

www.coombe.ie need to post off registration form

www.nmh.ie (Holles St.) phone to book in

www.rotunda.ie phone to book in

Private scans can be obtained from 6/7 weeks

(Charter Medical, Merrion Fetal Health , Blackrock)

Flu jab (seasonal) and Whooping Cough Vaccine from 16 weeks is recommended

Vitamin D supplement - > 10mcg = 400 iu per day